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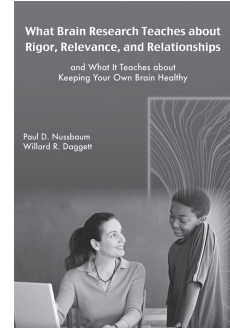
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Rigor, Relevance, and Relationships and the Human Brain

Rigor, Relevance, and Relationships and the Human Brain

Presenter: Paul D. Nussbaum

To date, little has been done to explore how the rigor-relevance-relationship model of learning is explained by human brain function. Using an information processing system perspective, this presentation begins to explain the underlying neuroanatomical relationship to the three Rs. Dr. Nussbaum helps viewers better understand the basics of the brain, how brain function can be used to shape learning and education, and how to promote a healthy brain across the lifespan. This presentation underscores the integration of education and learning into health and highlights the long-term positive health benefits from lifelong learning.

Topics covered include:

- Basics of the Human Brain – This Is You
- Dominant Side of the Brain
- Non-Dominant Side of the Brain
- Engage Both Sides of the Brain
- Brain Reserve
- The Brain and Rigor, Relevance, and Relationships
- Personal Brain Health



DVD

50 minutes
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What Brain Research Teaches about Rigor, Relevance, and Relationships and What It Teaches about Keeping Your Own Brain Healthy

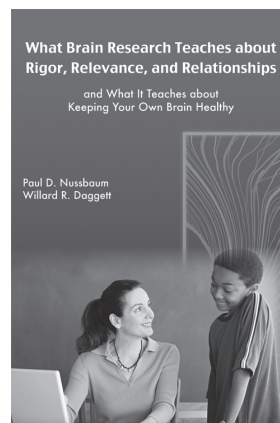
What Brain Research Teaches about Rigor, Relevance, and Relationships and What It Teaches about Keeping Your Own Brain Healthy

Paul D. Nussbaum and Willard R. Daggett

The latest research into how the human brain develops and functions is informing not only a new awareness of manageable brain health but also the art and science of learning and teaching children and teenagers. Leading clinical neuropsychologist Dr. Paul D. Nussbaum and nationally-renowned education leader Dr. Willard R. Daggett team up to explore how rigor, relevance and relationships are fully consistent with and supported by breakthroughs in brain science. This engaging professional and personal interest book:

- describes, in easy-to-understand language, recent discoveries about brain structures and functions

- explains the implications of this emerging science for learning, student engagement, and personal and professional relationships
- illustrates why a rigorous and relevant curriculum and instruction, based on positive relationships, helps students to be successful in school and after graduation
- challenges readers to nurture brain health for themselves and those they care about



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