

FREE BRAIN HEALTH EDUCATION SERIES 2016

TOPICS ON BRAIN HEALTH

The Brain Health Center presents an ongoing community education series featuring information and topics supporting a lifelong approach for optimal brain health.

Programs are open to the community and held at the Brain Health Center, Suite 200 Stonewood Commons, 100 Bradford Road. Registration is encouraged and can be completed online by visiting www.brainhealthctr.com. Programs are scheduled from **6:30 PM - 7:30 PM**.

SCHEDULE:

February 10, Dr. Paul Nussbaum: Men, Women and the Power of Love.
Clinical Neuropsychologist and President Brain Health Center

April 20, Arpna G. Masuraha: Health and Happiness After Menopause.
Doctor of Physical Therapy

June 15, Dr. Paul Nussbaum: Alzheimer's Disease: Differences from Normal Aging. Clinical Neuropsychologist and President Brain Health Center

(July and August, no programming)

September 21, Rita Singer: Nutrition for Optimum Brain Health.
Registered Dietitian

November 16, Deanna Markesteyn: Chronic Pain and it's Impact on Life.
Licensed Therapist